

## Schools Spectacular T-shirt Sizing Guide

### HOW TO MEASURE SIZE:

Measure the t-shirt from left seam to right seam, just under the arms!



Sizes can easily be worked out via the below sizing guidelines (accurate within a few centimetres)

**Please check sizes carefully as they may vary from what you are used to buying in stores.**

T-Shirt Sizes							
<b>Youth sizes</b>	<b>6</b>	<b>8</b>	<b>10</b>	<b>12</b>	<b>14/XS</b>		
Chest width (cm)	37.5cm	39.5cm	42cm	44.5cm	47.5cm		
<b>Unisex Adults sizes</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>2XL</b>	<b>3XL</b>	<b>5XL</b>
Chest Width (cm)	50cm	52.5cm	55cm	57cm	60cm	64cm	73cm